

## 4-H CONTESTS: COUNTY LEVEL

Weber County 4-H offers many different contests each year. Whenever possible our staff tries to conduct the county contest as similar to the regional or state contest as possible, utilizing the same rules, time allowances and judge's sheets. **Any differences between state and county rules will be explained in the *Clover Connection 4-H Newsletter* when announcing the upcoming contest.**

*One important exception is team competition. Many state contests such as Horse Bowl, Livestock Judging, Life Skills Bowl, etc. require counties to send a team of 3 or 4 youth to compete in the event. At the county level, we will conduct the event for individuals only. The top scoring youth in the county contest will get to represent our county in state competition.*

You can find the complete details and judging forms for each contest on the county Web site at [www.webercounty4-H.org](http://www.webercounty4-H.org) (under 4-H Contests). Following is a brief summary of the current contests offered at the county level.

**4-H Public Speaking:** Eligibility: Grades 3-12. Individual only. Youth research, write, and present an original speech. The speech should relate directly to the participant's 4-H experience. Youth are not allowed to use visual aids for their speech.

**4-H Demonstration Contest:** Eligibility: Grades 3-12. Individual or a team of two. Youth research, write, and present a demonstration on any topic of interest to them. Generally members will select topics related to the project they are exploring. Since it is a demonstration contest, members will use posters and other visual aids to "show" the steps to their audience.



Depending on the topic selected, youth will compete in one of the following categories: 1) Horses, 2) Consumer & Family Science/Healthy Lifestyles (except safety), 3) Quilting, or 4) All Other Projects.

**Consumer Decision Making Contest:** Eligibility: Grades 3-12. Individual only. Youth will judge different classes of consumer products to demonstrate their consumer decision making skills. Youth place each class and give oral reasons for their placing on one of the classes.

**Dairy Bowl Contest:** Eligibility: Grades 3-12. Individual. Youth compete in a quiz bowl with dairy-related questions.

**Dairy Foods Contest:** Eligibility: Grades 3-12. Individual or team of two. Contestants in 3<sup>rd</sup>-8<sup>th</sup> grades prepare a dish at home in which one or more dairy products is the main ingredient. They bring the prepared dish, display it attractively, and serve the judges. Contestants in 9<sup>th</sup>-12<sup>th</sup> grades research, write, and present a demonstration on the nutritional value, cooking principles, proper storage, and variety of dairy products as they prepare a dish with one or more dairy products as the main ingredient. The member serves the dish to the judges and answers any questions they have about the recipe and dairy products.

**Dairy Judging:** Eligibility: Grades 3-12. Individual. Youth learn to judge a class of dairy cows and give oral reasons for their placement.

## 4-H CONTESTS: COUNTY LEVEL (continued)

**Egg Preparation Contest:** Eligibility: Grades 3-12. Individual or a team of two. Youth research, write, and present a demonstration on the nutritional value, cooking principles, proper storage, and economic value of egg products as they prepare a dish in which eggs are a main ingredient. The member serves the dish to the judges and answers any questions they have about the recipe and egg products.

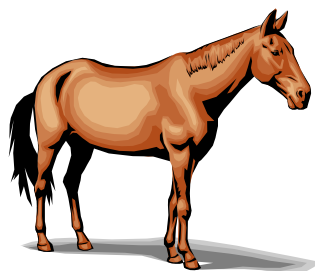
**Entrepreneurship Contest:** Eligibility: Grades 6-12. Individual or team of two. Contestants will present a business plan concept to a panel of judges. The concept should include the idea for a business, the purpose, target market, name, and idea of the finances needed to begin the venture. Youth may choose to present an idea for a proposed business, or an actual business they have started.

**Ethnic Foods Contest:** Eligibility: Grades 3-12. Individual or team of two. Contestants in 3<sup>rd</sup>-8<sup>th</sup> grades prepare an ethnic food at home that represents a specific culture. They bring the prepared dish, display it attractively in a manner reflective of the culture, serve it to the judges, and answer their questions. Contestants in 9<sup>th</sup>-12<sup>th</sup> grades will give an ethnic foods presentation and will be judged on their selection, knowledge, and preparation of an ethnic food.

**Fashion Consumer Strategies Contest:** Eligibility: Grades 6-12. Individual only. Youth select an outfit, model the outfit for a panel of judges, and share decisions made in selecting the outfit. The member will consider three outfits when making their selection and demonstrate decision making skills in selecting the most suitable of the three.

**Fashion Revue:** Eligibility: Grades 3-12. Individual only. Youth sew a garment and model it for the judges. Judging includes clothing construction; modeling, fit, confidence, and poise; and how well they respond in an interview process. All participants model their garments for the audience during the culminating 4-H Fashion Revue.

**GPS Contest:** Eligibility: Grades 3-12. Individual only. Contestants will participate in four GPS activities, including Area Calculation and Mapping, Waypoint Marking and Navigation, Distance Calculation, and an Interview. Contestants may bring their own GPS Unit, however, Garmin eTrex Legends will also be provided.



**Hippology:** Eligibility: Grades 3-12. Individual. Youth participate in a four-part contest which includes: horse judging, stations (identifying equipment, feeds, etc.), a group problem-solving exercise, and a written test.

**Horse Bowl:** Eligibility: Grades 3-12. Individual. Youth compete in a quiz bowl with horse-related questions.

**Horse Judging:** Eligibility: Grades 3-12. Individual. Youth learn to judge a class of horses and give oral reasons for their placement.

**Horse Public Speaking:** Eligibility: Grades 3-8. Individual or teams of two. Youth research, write, and present an original speech on a topic appropriate to the horse industry. Youth may not use visual aids for their speech.

**Impromptu Public Speaking:** Eligibility: Grades 6-12. Individual only. Contestants will give a speech on a randomly assigned topic.

## 4-H CONTESTS: COUNTY LEVEL (continued)

**Life Skills Bowl:** Eligibility: Grades 3-12. Individual only. Youth will compete in a quiz bowl contest answering questions related to the Consumer & Family Science curriculum area, including foods and nutrition, financial management, clothing and textiles, consumer decision making, and child care.

**Livestock Bowl:** Eligibility: Grades 3-12. Individual. Youth compete in a quiz bowl with livestock-related (beef, swine, and sheep) questions.

**Livestock Judging:** Eligibility: Grades 3-12. Individual. Youth learn to judge livestock (sheep, swine, and beef) and give oral reasons for their placement.

**Meal Preparation Contest:** Eligibility: Grades 6-12. Individual or team of two. Youth plan a nutritionally balanced meal, purchase the supplies, prepare, and serve a dinner for four guests and a judge within a three hour time limit.

**Portfolios:** Eligibility: Grades 3-12. Individual only. Youth prepare a portfolio summarizing their 4-H experiences, using the standardized 4-H Portfolio forms. The portfolio may be typed or hand-written. Portfolio forms are available online at [www.utah4-H.org](http://www.utah4-H.org), or hard copies and CD's are available from the County 4-H office. Competition is held for each curriculum area. *Portfolio training is held throughout the year. Parents and their older children will greatly benefit from attending this training.*

**Promote 4-H Contest:** Eligibility: Grade 9-12. Youth identify a non-4-H audience and develop a promotional resource to introduce them to 4-H. They present their promotional pieces to the judges and participate in an interview about their promotional efforts. Promotional works could be brochures, PowerPoint, displays, puppet shows, etc. that positively promote 4-H to the intended audience. Youth are encouraged to utilize their promotional work with their intended audience prior to the contest.

**Quick Meals Contest:** Eligibility: Grades 3-12. Individual or a team of two. Youth plan and prepare a nutritionally balanced meal for two judges. Youth must prepare and clean up in one hour.

**Robotics:** Eligibility: Grades 3-12. Teams of two-four youth only. Participants build and program a robot using Lego MindStorm<sup>®</sup> kits to achieve the assigned challenges within the time limit.

**Shooting Sports:** Eligibility: Grades 6-12; must have completed Hunter Safety Education Certification. Individual only. Participants may compete in three shooting activities (rifle, shotgun, archery), outdoor skills, and a written test.

**Talent Show:** Eligibility: Grades 3-12. Individual or a team of two, three or four members. Youth share a talent performance in the discipline of their choice such a vocal, drama, dance, gymnastics, instrumental, comedy, etc. A maximum of five minutes is allowed for the talent performance.

**Video Production:** Eligibility: Grades 6-12. Individual or team of two. Youth shoot footage, edit and produce a music video, present their final product to the judges, and participate in an interview about video production. The finished product can either be VHS or DVD.

**World of Work:** Eligibility: Grades 9-12. Individual only. Youth prepare a resume, complete an application, and participate in an interview to evaluate their job readiness and interview skills.

## 4-H CONTESTS: REGIONAL LEVEL



**Eligibility:** Grades 3-8. Weber County is one of eight counties that make up the Northern Region. The following contests are *generally* offered during the Regional 4-H Contest: Public Speaking, Demonstrations, Dairy Food Preparation, Egg Preparation, Ethnic Foods, Robotics, Fashion Revue, Fashion Consumer Strategies, Shooting Sports, and Horse Bowl. All youth who earned a blue ribbon in county competition are invited to compete at the Regional Contest.

Depending on the host county, kitchen facilities are typically **NOT** available. Youth will have to take demonstration supplies home to clean them and will not have access to a microwave, refrigerator or oven. Two-burner, portable electric stoves are the only cooking equipment provided.

## 4-H CONTESTS: STATE LEVEL

**Eligibility:** Grades 9-12. State 4-H Contests are held in July each year at Utah State University. During this three-day, two-night event, delegates stay in dormitories on campus. In addition to participation in contests, delegates enjoy a variety of fun activities and an awards banquet.

Youth who earn blue ribbon honors in county competition (*or the top individuals selected to form the county team for team-only state events*) are eligible to compete in state competition, which typically costs \$75-\$85. Registration and payment deadline is June 15.

Often youth will qualify through county contests to compete in more than one state contest event. Youth can only compete in a maximum of three state contest events (portfolio interviews are not counted as one of these contests). However, some events occur during the same time period. Please refer to the Time Block Schedule for State 4-H Contests, which is available on the state Web site ([www.utah4-H.org](http://www.utah4-H.org)), to ensure your contest events do not overlap at state competition.



## 4-H CONTESTS: NATIONAL LEVEL

**Eligibility: Selection as a State Winner.** Some contests offer state winners the opportunity to compete in a national-level competition. The funding support varies from contest to contest. See the awards for each contest on the state 4-H Web site: [www.utah4-H.org](http://www.utah4-H.org).